

RESTAURANTS & BARS

SANASANA

Continental breakfast: 5.30am - 7.00am

Buffet breakfast: 7.00am - 10.30am

Lunch: 10.30am - 5.30pm

Dinner: 5.30pm - 10.00pm

Our all-day dining restaurant offers buffet breakfast, a la carte lunch and themed buffet dinner, with a different theme for dinner each evening.

TOBA BAR & GRILL

Continental breakfast: 8.00am - 11.00am

Lunch: 11.00am - 5.30pm

Dinner: 5.30pm - 10.00pm

Located poolside, Toba Bar & Grill features a wide range of casual dining options including wood fired pizzas, sandwiches, pastries, decadent desserts, ice cream, cocktails and long drinks for poolside relaxing.

NAVO

Dinner: 5.30pm - 11.00pm

Elegant upscale dining overlooking the lagoon and the island of Navo.

This restaurant features contemporary cuisine inspired by the sea.

Children early sitting available from 5.30pm - 7.00pm.

Due to the refined nature of Navo, guests are asked to dress respectfully in appropriate attire and footwear.

KAMA LOUNGE

Open: 11.00am till late

Overlooking the white sands of Natadola Bay and the azure ocean, this is the ideal location to sit back and relax as the sun sets over the Pacific. Enjoy an extensive range of sophisticated cocktails, vodka infusions and light snacks as you enjoy our sunset torch-lighting ceremony and nightly entertainment.

GOLF CLUBHOUSE

Breakfast: 8.00am - 11.00am

Lunch: 11.00am - 3.30pm

Bar open from: 8.00am - 6.30pm

Natadola Bay Championship Golf Course Clubhouse boasts breathtaking views of the golf course, coral reef and rolling surf, and is the perfect place for lunch, light snack, cool beverage and delicious cocktails.

PLANET TREKKERS

Planet Trekkers provides exciting activities in dedicated age zones for travelers 4 to 12 years old. Nanny services are available for children under 4 years and for hours outside Planet Trekkers times.

Bookings essential on extension 3311.

SPA INTERCONTINENTAL

Open: 8.00am - 7.30pm

Secluded by water features and frangipani gardens, Spa InterContinental is a haven of relaxation. Its modern and traditional treatments draw on indigenous plants and herbs that have been used to heal for generations. Contact our Spa direct on extension 3310.

GYM

Open: 24 hours

The gym combines the flexibility of free weights with state-of-the-art cardiovascular equipment for all your exercise needs. Proper exercise attire is required and sports footwear must be worn at all times.

ACTIVITIES

The resort provides a selection of activities such as pool aerobics, touch rugby, volleyball, cultural classes and water sports. Please refer to the weekly schedule or activities channel for dates and venues.

FIJI TRAVEL ADVICE

WATER

The local water supply is safe to drink, though we recommend bottled water for complete peace of mind.

ELECTRICITY

Should there be a power failure, our generator system will take up to 90 seconds to deliver full power to the resort, and when the Fiji Electricity Authority power is reinstated, the process once again takes about 90 seconds.

LIQUOR LAW

Fiji Liquor Law forbids the sale of alcohol to people under the age of 18 years.

CONCIERGE

The Concierge team are available from 7.00am to 11.30pm daily to assist with local information, bookings, and more detailed information about the resort. They can also assist you with car hire via Coastal Rentals and day tours via ATS.

CREDIT CARDS

The hotel accepts the following credit and charge cards: American Express, Diners Club, MasterCard, Visa and JCB.

CURRENCY EXCHANGE

Currency and travellers cheque exchange are available at Reception and an ATM is situated outside Concierge. We regret that payment by personal cheque and cash advances on credit card are not available.

SMOKING

The resort is a non-smoking resort, so please refrain from smoking in your room. Smoking in your room will incur a charge of FJD200 plus any damages to restore the room to its original state.

DOCTOR

A doctor is available on call 24 hours should you need medical attention. Please contact the Duty Manager if you need assistance.

SECURITY

For your convenience, a safety deposit box is provided in your room to secure your valuables.

TIPPING

While tipping is not encouraged, it is generally accepted. Should you wish to render a tip, we would appreciate you charging this to your room account as we evenly distribute these amongst all resort service staff on a quarterly basis.

TOUR AND TAXI OPERATORS

We have on-site tour and taxi operators and for insurance purposes we recommend using these services only.

LOCAL PRODUCERS

The resort is committed to supporting local industry and sources from local suppliers whenever possible.

INTERCONTINENTAL FIJI GOLF RESORT & SPA

Maro Road, Natadola Bay, Viti Levu, Fiji.

Tel: +679 673 3300 Fax: +679 673 3499

Email: reservations.fiji@ihg.com

www.intercontinental.com/fiji

GETTING AROUND THE RESORT





LEGEND

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| A Reception | K Navo Caves |
| B Concierge, Shops, Tour & Car Hire Desk | L Croquet Lawn & Volleyball Court |
| C Water Court, Events Centre | M Towels |
| D Chapel Lawn | N Toba Bar & Grill |
| E Wedding Chapel | O Putting Green |
| F Meke Lawn | P Family Activity Pool |
| G Rooftop Garden | Q Games Room |
| H Watersports Bure | R Club Walkway to Resort Facility |
| I Adults Infinity Pool | S Club InterContinental Pool |
| J Dive Bure | T Club InterContinental Lounge |
| | Cabanas |